

Important Websites for Team Members

Pacific Swimming <http://www.pacswim.org/>

This is the Pacific Swimming website where you can find a wealth of important information. You can use this site to find information such as:

- USA swimming membership forms
- Swim meets in our area
- Swim meet results
- C/B/A time standards/cuts for every event
- Information on how to become an official

Team Apparel and Gear <http://www.swimmerstuff.com>

Use this link to order all of our team gear including suits, goggles, and other items.

The team login is HDAC

Online Swim Meet Registration <https://ome.swimconnection.com>

You can use this site to register online for all of our USA swim meets. You will need to create a free account the first time you register. Please only register for the meets our team will be attending.

USA Swimming <http://usaswimming.org/DesktopDefault.aspx>

This is the official USA Swimming website.

You find great information for parents and swimmers like:

- How to be a great swim parent
- Nutrition information
- Training tips
- and much more

You can also see what is going nationally in the swimming world.